

## **AL-ANON/ALATEEN FAMILY GROUPS**

### **DISTRICTS 25/26**

#### **NEWSLETTER~ AUGUST 2010**

Greetings from your Al-Anon Family Groups District Rep, Jody S.

You can contact me at [whozandy@optonline.net](mailto:whozandy@optonline.net) with your newsletter contributions, or your feedback.

\*\*\*\*\*

### **WEBSITES**

*Westchester/Putnam Information Services*

[www.hudsonestuaryalanon.org](http://www.hudsonestuaryalanon.org)

*Southern NY Area*

[www.al-anonny.org](http://www.al-anonny.org)

*Member site: <http://al-anon.org/members>*

\*\*\*\*\*

## **FORUM MAGAZINE**

**Check out the Instant Meeting in the August 2010 issue.** This month, the article on **Tradition Eight** reminds us that 12<sup>th</sup> step work is always done out of gratitude.

Concept 8 is about delegation based on trust. Treat yourself to a personal subscription - \$11/year.

## **ALATEEN**

**Alateen is an integral part of the Al-Anon Family Groups.** Teens are entitled to the same peace and serenity we experience as adults. Al-Anon FG is required to provide a trained adult in Alateen meetings. Consider being an AMIAS - Al-Anon Member Interested In Alateen Service. Future dates for trainings are: 7/10 MaryKnoll, 7/24 at Discovery, 11/6 MaryKnoll. Details on the Area website.

## **DISTRICT ELECTIONS**

**Group Reps need to be elected for a 3 year term** before the September 13 district meeting. The incoming and outgoing group reps will elect a new District Rep 9/13. And the incoming and outgoing Group Reps will elect new Area officers at the October Assembly. Group Representative Guidelines are posted on the members website.

## **NEW BEGINNER MEETING**

*"We welcome you to the Mt Kisco Freedom From Despair Al-Anon Family Group meeting, and hope you will find in this fellowship the help and friendship we have been privileged to enjoy".* Join us as we carry the message of recovery to newcomers. Mondays 7PM, Lutheran Church of the Resurrection, 15 South Bedford Road, Mt Kisco.

## **12<sup>TH</sup> STEP SERVICE**

The AIS is in need of telephone volunteers. Volunteers are asked to return calls one-day-per-week for 3 months. They only need to call into the phone service once-a-day. (E.g. If your day is Tuesday, you only need to check the messages once-a-day on Tuesdays for 3 months.) The phone service can be accessed remotely from wherever the volunteer is located. This is an all-important service as it is our way to "carry the message" to potential newcomers and hopefully get them to their first meeting. It is very rewarding and gratifying. If interested, please write: [al\\_is@hudsonestuaryalanon.org](mailto:al_is@hudsonestuaryalanon.org) and our telephone coordinator, Sue V. will contact you.