

FROM TIME TO TIME

there are Al-Anon Family Group members
who are *housebound*
and need a Step meeting.

~All On Board~

*Don't you know we're riding on
The Al-Anon Family Group Express!*

We need *YOU* to supply the loving interchange of help
through sharing with them *in their own homes.*

We are building a database of people willing to do this
12th Step work.

When a meeting request comes in, we will contact you with details.
If you are available at that time, you can climb on board!

If you want to be in the database

Please email Sunny at communitymedia@optonline.net

Put "Al-Anon Express" in the Subject Line